



Hello,

My name is Riley Morrell. I am a graduate student in the School and Applied Child Psychology program at the University of Calgary. My supervisor is Dr. Meadow Schroeder.

I am looking for parents of a child with an individual education plan for anxiety to take part in my study.

Anxiety is one of the most common mental health issues afflicting youth in Canada. Yet, little is known about what schools do to help children with anxiety. Parents are also an essential part of their children's lives and play a crucial role in their education.

My study seeks to understand how parents of children with anxiety feel about their children's individual education plan. I also want to know what supports are used with children with anxiety. Educators could use this research to change how they approach individual education plans to improve parent satisfaction.

Individual education plans have different names in different provinces. Generally, an individual education plan is a document that outlines the supports that a child with special needs can receive to improve their education. These supports might include more time on assignments, a quiet room to write tests, permission to leave the classroom, and more. If your child receives support for anxiety in school, but you are not sure if it is an individual education plan, feel free to fill out the survey.

Participating in this study would require you to fill out the linked survey below. More information about what the survey will involve is provided in the link below. You may read the additional information and decide not to continue with the study.

This study has been approved by the University of Calgary Conjoint Faculties Research Ethics Board (REB21-0318).

If you are interested in participating, please read and fill out the survey below. It should take about 30 minutes to complete. Your participation in this research is voluntary, and you may stop participating at any time by closing the survey.

English: https://survey.ucalgary.ca/jfe/form/SV_a9qoQvTvlAbK5yS

French: https://survey.ucalgary.ca/jfe/form/SV_3XmNI2Mz1DuF2zs

Thank you,

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