

CADDRA Research Studies Listings

| | |
|---|--|
| Submission Date | 2019-03-26 07:38:09 |
| Research Study Name: | Better Nights, Better Days for Children with Neurodevelopmental Disorders |
| What is the goal of this Study? | <p>Better Nights, Better Days for Children with Neurodevelopmental Disorders (BNBD-NDD) is an evidence-based eHealth program to support parents of children ages 4-10 years old with neurodevelopmental disorders (NDD) who experience insomnia. Insomnia is defined as problems settling to bed at bedtime, night wakings, and early morning awakenings.</p> <p>The BNBD-NDD program is tailored for parents of children with with Attention-Deficit/Hyperactivity Disorder (ADHD), as well as Autism Spectrum Disorder (ASD), Cerebral Palsy (CP), and Fetal Alcohol Spectrum Disorder (FASD).</p> <p>The BNBD-NDD program is being evaluated using a randomized controlled trial.</p> |
| Who can join this study? | The research team is currently recruiting parents of children ages 4-10 years old with a diagnosis of ADHD to participate in the study and receive access to the program, as well as parents of children with ASD, CP, and FASD who reside in Canada. |
| What will happen if I take part in this study? | <p>If you take part in this study you will be asked to complete assessments at 3 periods: baseline, 4-month follow-up, and 8-month follow-up. At each assessment you will complete a sleep diary for 7 days; your child will wear an actigraph (a watch-like device that measures sleep) for 7 days; and you will be asked to answer a series of questionnaires about their child's sleep and daytime functioning, and your own daytime functioning. You will receive a \$25 honoraria for each assessment period you complete.</p> <p>After baseline assessment, you will be randomly assigned to one of two groups. The Intervention group will receive access to the BNBD-NDD program right away. The Usual Care group will receive access to the BNBD-NDD program after 8-month follow-up assessment. All participants will receive access to the BNBD-NDD program for 8 months.</p> |
| Start date of study: | March 2019 |
| Name | Sydney Dale-McGrath |
| Phone Number | (902) 494-5177 |
| Email | bnbd-ndd@dal.ca |
| Website: | http://nbd.betternightsbetterdays.ca |
| Name of Organization: | Dalhousie University |
| City: | Halifax |
| Province: | NS |
| Postal Code | B3H3P3 |

If you have a research study flyer or poster that you wish to upload, please attached it here:

[BNBD-NDD Infographic 02AUG2018.pdf](#)

CADDRA Research Studies Listings

| | |
|---|--|
| Submission Date | 2019-03-12 12:02:17 |
| Research Study Name: | Validation of the Revised Conners Adult ADHD Rating Scales |
| What is the goal of this Study? | Validation of the Revised Conners Adult ADHD Rating Scales |
| Who can join this study? | <ol style="list-style-type: none">1. Men age 18+ or women age 18-24 or 60+ who have been diagnosed with ADHD.2. Men and women age 18+ who have been diagnosed with Depression, an Anxiety related disorder, or a Substance use disorder. |
| What will happen if I take part in this study? | You will be asked to complete a phone screen assessing your eligibility for the study. If eligible you will be sent a link to complete an online questionnaire asking you about how you think, act, and feel. You will also be asked to recruit a friend or family member who knows you well to complete the same questionnaire rating your behavior. The questionnaire will take approximately 45 minutes to complete. Participants will be paid \$50 upon completion of the questionnaire. |
| Start date of study: | February 2019 |
| Name | Brittany Di Tommaso |
| Phone Number | (416) 492-2627 x374 |
| Email | brittany.ditommaso@mhs.com |
| Website: | http://surveys.mhs.com/s3/CADDRA |
| Name of Organization: | Multi-Health Systems Inc |
| City: | Toronto |
| Province: | Ontario |
| Postal Code | M2H 3M6 |
| If you have a research study flyer or poster that you wish to upload, please attached it here: | CADDRA web Ad.doc |