Lunch Speaker Bio

Larry Klassen MD
MD, Research Chair, Eden Mental Health Centre, Winkler, MB

Saturday, October 15, 2011
“Cognition and ADHD – New Concepts and Implications for Treatment”
(with Kevin Kjernisted MD, LMCC, FRCPC)

Dr. Larry Klassen is a psychiatrist at Eden Mental Health Centre in Winkler, Manitoba, who specializes in the treatment of adults with Mood and Anxiety Disorders, as well as Attention Deficit-Hyperactivity Disorder. He is involved in the ongoing education of Psychiatry residents and medical students at the University of Manitoba, providing one-on-one educational opportunities within his varied clinical practice.

He is a Lecturer for the University of Manitoba, Faculty of Medicine, Department of Psychiatry. In 2008 he was named the Research Chair of Eden Mental Health Centre, and has developed a research program that is focused on Mood and Anxiety disorders, as well as Attention Deficit-Hyperactivity Disorder in the adult population.

Dr. Klassen is the lead author for a recent publication looking at ADHD and comorbidities, with a focus on Bipolar Disorder. He is also lead author in another paper looking at ADHD and Substance Use Disorder that has been submitted for publication, and is co-author and has participated in other publications and educational materials in the areas of ADHD, Mood and Anxiety disorders.

He maintains a primarily clinical practice in outpatient psychiatry, treating disorders of Mood, Anxiety and ADHD. This involves expert consultation, as well as ongoing follow-up and treatment. While this constitutes the majority of his practice, Dr. Klassen also remains involved with inpatient treatment, both in a consultative role and as a primary treating psychiatrist.

Dr. Klassen encourages a holistic approach to the treatment of psychiatric illness. This includes pharmacotherapy, psychotherapy (including Cognitive Behavioral Therapy), and lifestyle changes that include diet and exercise. Along with appropriate research-supported pharmacotherapy, Dr. Klassen has actively encouraged lifestyle changes to optimally treat psychiatric illness.