



## **Annick Vincent, M.D. - Biography**

Dr Vincent obtained her medical degree and completed her residency training in psychiatry at Laval University in Québec city. She also completed a Master's degree in Neurobiology and went to the National Institutes of Health, Bethesda, USA (NIMH) from 1993-1994 to conduct clinical research in psychopharmacology.

Her training and clinical practice helped her develop a clinical expertise in Mood Disorders and Attention-Deficit and Hyperactivity Disorder (AD/HD) in adults. Dr Vincent practices in Québec and in January 2010 she opened the Focus Clinic at the Centre Médical l'Hôpital. In 2006, she was invited to join the board of the Canadian ADHD Resource Alliance (CADDRA). Dr Annick Vincent is very active in continuous medical education. She is also an associated teacher at Laval University. She has given many talks on ADHD and published articles in various medical and scientific journals.

Dr Vincent is the proud mother of four very active boys (7-11 year old), one of who has ADHD. She is involved in teaching the general public about ADHD (invited speaker, conferences, radio and TV shows).

In 2006, Dr Vincent produced (with her hospital) the first french-language DVD on ADHD through the lifecycle: *Portrait du trouble déficitaire de l'attention avec/sans hyperactivité*. She is the author of a book for children on ADHD: "Mon cerveau a besoin de lunettes" (Impact! Éditions), that has been translated in english: "My Brain Needs Glasses" (Académie Impact) and one for adults "Mon cerveau a encore besoin de lunettes (Impact! Éditions) that is now available in English: "My Brain Still Needs Glasses" (Académie Impact). Both books in French are bestsellers in Québec and the adult book was declared "best realization of the year 2005" by the Québec Psychiatry Association in June 2006.

*Dr Vincent is speaking at "The Many Faces of ADHD: A Window into the Future", CADDRA's 2010 Annual Conference which will be held from November 20-21, "2010, Vancouver, British Columbia*