



Dr. Umesh Jain - Biography

Dr. Umesh Jain went to medical school at Dalhousie University in Halifax and his psychiatry, and child psychiatry between Dalhousie and the University of Pittsburgh. In 2002 he completed his PhD in Toronto at the Institute of Medical Sciences and in 2007 he did his M.Ed. from the Ontario Institute for Studies in Education. He is an Associate Professor of Psychiatry at the University of Toronto. Dr. Jain is an internationally recognized scientist and teacher in the area of ADHD, impulsivity in children/adolescents and psychopharmacology. He has written over 125 peer reviewed papers, book chapters and academic presentations. Dr. Jain has been involved with both the American and Canadian Academies of Child and Adolescent Psychiatry as a member of their Scientific Boards, Local Chairperson of four of their meetings and on the National Executive of the CACAP for three years. He began CADDRA, an affiliation of all Canadian specialists practicing in the ADHD arena. He has won the Naomi Rae Grant Award and the Education Award by the Canadian Academy of Child and Adolescent Psychiatry for this work and teaching with ADHD. He started the website TotallyADD.com to create a new model of information dissemination for adults with ADHD. He lives in Toronto with his four children and his wife, a neonatal specialist.

Recent honors include:

- 1) Distinguished Achievement Award from the Association of Educational Publishers for her article, "Reconceptualizing ADHD," in *Educational Leadership* (November 2001)
- 2) Invited Fellow in a one-year international "Think-Tank" on ADHD, at the Centre for Advanced Study at the Norwegian Academy of Sciences and Letters (2004-2005)
- 3) Arthur B. Richter Visiting Professor of Child Psychiatry, Indiana University (February, 2008)
- 5) Member of the DSM-V Work Group on Externalizing Disorders; cross appointed to the Work Group on Neurodevelopmental Disorders. (2008-2012)
- 6) Fellow of the International Academy for Research in Learning Disabilities
- 7) Executive Board Member for Canadian ADHD/ADD Resource Alliance (CADDRA)
- 8) Inducted into CHADD's Hall of Fame for outstanding medical and educational contributions to the field of ADHD (2009).

Dr Jain is speaking at "The Many Faces of ADHD: A Window into the Future", CADDRA's 2010 Annual Conference which will be held from November 20-21, "2010, Vancouver, British Columbia