



Lily Hechtman, M.B. - Biography

Dr. Lily Hechtman is a professor of psychiatry and pediatrics at McGill University and director of ADHD research in the division of child psychiatry. She is a child psychiatrist and an internationally recognized researcher in ADHD.

Dr. Hechtman's research has focused on long-term (15 year) prospective studies of children with ADHD followed into adolescence and adulthood. Outcomes and factors, which influence these outcomes are summarized in: Weiss, G, Hechtman, L: *Hyperactive Children Grown Up*, second edition, Guilford Press, 1993.

Drs. Hechtman and Abikoff conducted the first controlled multimodal treatment study on children with ADHD. This study set the stage for the multi-site multimodal treatment study (The MTA). Dr. Hechtman heads one of the sites for the MTA.

Recently, Dr. Hechtman has focused on the diagnosis and treatment of adults with ADHD. This work is outlined in: Weiss, M, Hechtman, L, Weiss, G: *ADHD in Adulthood – A Guide to Current Theory, Diagnosis, and Treatment*. The John Hopkins Press, 1999.

Dr. Hechtman was honoured by the U.S. Children and Adults with ADHD (CHADD) for "outstanding professional achievement in medicine, education, and research on attention disorders". In 2005, she also received the American Academy of Child and Adolescent Psychiatry award for ADHD research and the Canadian Academy of Child and Adolescent Psychiatry advocacy award.

In summary, Dr. Hechtman combines a rigorous research background with extensive clinical expertise and experience.

Dr Hechtman is speaking at "The Many Faces of ADHD: A Window into the Future", CADDRA's 2010 Annual Conference which will be held from November 20-21, "2010, Vancouver, British Columbia